



Dear Parents,

Your child is about to embark on a very special journey.

They have decided to come to NZ for educational purposes and have chosen homestay to deepen and enrich this experience. Homestay is a wonderful way to practice English and be immersed in our unique and diverse culture of New Zealand.

There are a number of skills that your child must have before they come to live with another family. It is your responsibility as their parents to ensure they have these skills, outlined below.

We ask that you spend the time with your child preparing them to live with another family whose lifestyle and routine will be different. Please discuss this at length and talk about what expectations you would have of an International Student in your own home.

We ask that you spend time between now and when your child arrives in NZ practicing and perfecting the following.

Cooking and Nutrition:

Preparing simple meals and snacks. Students are responsible for preparing their own breakfast and lunch each day from food provided by their host family. In the evenings they will share a meal with their host family. They must also help with dishes and clean up after themselves if they have used the kitchen.

Personal Hygiene and Self-Care:

Maintaining good personal hygiene, including daily showering and brushing teeth.
Regularly changing clothing and undergarments daily.

Organization and Planning:

Maintaining a clean and organized bedroom. Cleaning their own bedroom once per week including changing own bedding.

Laundry and Clothing Care:

Students must be able to give host family washing regularly, they must be able to fold and put away own washing.

Year 13 students are encouraged to do their own laundry, including sorting, washing, and folding clothes.

Time Management:

Organise tasks and prioritize responsibilities. Your child is responsible for waking up on time each morning, getting themselves out of bed each day and out the door to arrive at school on time.

Communication Skills:

Mastering daily greetings to Host Family – Good Morning, Good Night.
Speaking to their host family daily to practice English.

Digital Literacy:

Responsible for internet and social media usage.

Under 18 years old, no device use after 10pm Sunday – Thursday Nights.

Knowledge of online safety and cybersecurity.

Personal Safety:

Your child is responsible for their own safety. This means being home within the appointed curfew times and communicating either verbally or in writing where they are going each time they leave homestay.

Social and Emotional Skills:

Students are expected to build and maintain healthy relationships and be able to manage their emotions and stress effectively.

Self-Advocacy:

Students should be able to speak up in various situations, especially if feeling sick or stressed and be able to seek *Help & Guidance* if needed

It's important to note that these are a few basic skills that your child will need to live happily in homestay.

Please practice these skills with your child and get them in the habit of using them daily.

In New Zealand, teenagers contribute to the running of the household and have chores that they are expected to participate in. As a homestay student, and being a member of the household, your child may have chores to do such as vacuuming their bedroom, doing dishes, hanging out washing, taking out the recycling, cleaning the table etc.

Please take the time to prepare your child for this next big adventure in life and ensure they have the appropriate skills and information that they need to fit into life in homestay. The preparation you do now will help your child adapt quickly to this experience and ensure a happy and successful homestay.

This is an extremely courageous step that your child is taking, and we thank you for preparing them fully.

Kind Regards

THE LPSH TEAM!!